

Farwell High and Middle School Lunch Menu

February 2010

Station	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spaghetti W/Meat Sauce Garlic Bread Green Beans Fruit Milk Choice	 2 Shepherd's Pie Dinner Roll Vegetable Fruit Milk Choice	 3 Kickin BBQ Chicken Legs Mashed Potatoes Mixed Veggies Fruit Milk Choice	4 Grilled Chicken Monterey Rice Pilaf Vegetable/Fruit Choice Milk Choice	5 Macho Nacho's With all the Toppings!! Rosy Applesauce Vegetable/Fruit Choice Milk Choice
 Hamburgers, Cheeseburgers, Chicken Patty Sandwiches on Wheat Buns Offered Daily	Italian Meatball Submarine Vegetable/Fruit Choice Milk Choice	Breaded Chicken Cordon Bleu Sandwich on a Wheat Bun Vegetable/Fruit Choice Milk Choice	 Chicken Ranchero Wrap Seasoned Vegetable Fruit choice Milk Choice	Grilled Monte Cristo Sandwich Ham, Turkey & Swiss on Grilled French Toast Vegetable/Fruit Choice Milk Choice	Bacon Swiss Cheeseburger on a Wheat Bun Vegetable/Fruit Choice Milk Choice
 Plain and Pepperoni Pizza on Wheat Crust Offered Daily	Supreme Pizza Pepperoni/Ham/Onions Peppers & Mushrooms Vegetable/Fruit Choice Milk Choice	Coney Dog Pizza Vegetable/Fruit Choice Milk Choice	Pepperoni & Cheese Calzone Vegetable/Fruit Choice Milk Choice	Meat Lover's Pizza Vegetable/Fruit Choice Milk Choice	Veggie Pizza Vegetable/Fruit Choice Milk Choice
 Deli Bar Fresh Baked Subs & Wraps Offered Daily	Honey Mustard Chicken Wrap Vegetable/Fruit Choice Milk Choice	Stacked Ham & Colby on Rye Bread Vegetable/Fruit Choice Milk Choice	 Buffalo Style Chicken Wrap Vegetable Pasta Salad Fruit Choice Milk Choice	BLT Wrap Vegetable/Fruit Choice Milk Choice	Ham Salad Bagel Vegetable/Fruit Choice Milk Choice
 Premium Entrée Salads Offered with Crackers	Grilled Chicken Salad Yogurt Parfait Vegetable/Fruit Choice Milk Choice	Deli Chef Salad Yogurt Parfait Vegetable/Fruit Choice Milk Choice	Crispy Chicken Salad Yogurt Parfait Vegetable/Fruit Choice Milk Choice	Taco Salad with Tortilla Chips Vegetable/Fruit Choice Milk Choice	Deli Chef Salad Yogurt Parfait Vegetable/Fruit Choice Milk Choice

The School Lunch Program is operated in accordance with the U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, handicap, or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to Secretary of Agriculture, Washington, D.C. 20250.

Menu Subject to Change Without Notice